

4th Annual

Sustainable Backyard Tour



2014 Tour
Sunday, June 22
11 a.m. - 4 p.m.



KEEPING CHICKENS NATIVE LANDSCAPING
CULTURE ALTERNATIVE ENERGY WATER
ETABLES FRUIT & NUT TREES

Sustainable Backyard Tour 2014

"Providing
comprehensive
ecological restoration
+
management of native
plant communities."



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www.djmecological.com www.pureairnatives.com

Get Involved in ShowMe Rain Gardens!

We are losing many of the benefits of one of our most valuable natural resources—rainwater.

In the process, we are ending up with problems that have significant environmental and financial costs... eroding creeks and streams, polluted waters, and stormwater flooding.



But we can easily do better, and the answer is surprisingly low-tech.

Plant a Rain Garden!

Explore ShowMeRainGardens.org to see local gardens, find retailers, plant lists, register your own garden, and more.



A regional water quality initiative of the St. Louis County SWCD

Welcome!

Each yard you see today is one small knot in a vast net that spreads across the region and the world. It is a net that connects and sustains us all as we work together to rebuild and preserve healthy ecosystems.

This annual tour is truly a grassroots effort to showcase the many ways we can protect and preserve the planet starting at home. Every household that composts, installs a rain garden, plants Missouri natives or simply chooses organics over chemical fertilizers and herbicides, grows that net denser and stronger.

Your yard hosts welcome you today to see how they do it and share what they've learned. Ask questions, take pictures, make notes! Every yard is different. Some hosts may offer you refreshments or even a taste of their gardens, but please don't ask to use their bathroom or bring your pets with you.

There is no starting point. Walk or bike or carpool if possible. Hopefully you've picked up this booklet before Tour Day and gone online to read the hosts' descriptions. If not, just start closest to home. There are lots of ways to live and garden more sustainably - it is our honor to present to you today some of the possibilities.

Thank you for taking part in this adventure. Have fun!

Sincerely,

Terry Winkelmann
Tour Founder

PS Remember, yards are open *Sunday, June 22* only!

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Native Bees

isabees



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Tour Stop 22

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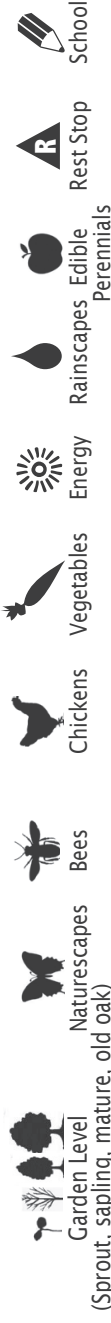
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Expires August 31st, 2014*




Guide to Yards





- 1 Alan@ It's Not Work, It's Gardening**
906 Dinard Dr., Manchester 63021
Native plants, trees, and shrubs; grasses; perennials; flowering vines; over 40 different varieties of bamboo; wildlife habitat; personal oasis; so much to discover!
- 2 Browns' Green Garden**
507 Arminda Ave., Kirkwood, 63122
An urban micro-farm using best practices for health, taste, and the environment, featuring native and flowering plants, and extensive organic vegetable production.
- 3 The Sadicarios**
563 Brookhaven Ct., Kirkwood, 63122
Five espalier apple trees, five 30-foot rows of raised beds, greenhouse, chicken coop, open-air wood shed for wood that heats the home, berries, plum trees in the front, beehives and rain barrels. Zero synthetic fertilizers or pesticides.
- 4 Maurer Home**
264 Rayburn, Crestwood, 63127
Brand new, self-taught, and compact example of D.I.Y sustainability. Front yard features only Missouri native plants. We compost and hang our laundry, too!
- 5 EFS Energy House**
1028 Grovena Dr., Crestwood, 63216
Chickens, rain barrels, veggie garden and a rooftop solar array with information from EFS Energy. Some new native plants and a front yard peach tree.
- 6 The Zeidlers**
49 Webster Acres, Webster Groves, 63119
- 7 Art & Architecture Inc.**
7229 Clayton Rd., Clayton, 63117
Learn about removing invasive plants and turf grass, adding micro berms & rain barrels and 100% recycling of yard waste on site for mulch & making better soil.
- 8 EarthDance Organic Farm School**
233 S. Dade, Ferguson, 63135
Organic Farm School produces over 150 varieties of vegetables, fruit, herbs and flowers on 3 acres. Season extending hoop house, permaculture water management through a series of swales and berms.
- 9 Meara Family Functional Yard**
5944 Pershing Ave., Skinker DeBaliviere, 63112
AUDUBON BRING CONSERVATION HOME CERTIFIED YARD
This small yard packs a big punch. Our attainable yard demonstrates all that you can do with a small but highly active city lot.
- 10 Adventure Farm**
1616 Del Norte, Richmond Heights, 63117
A small suburban homestead integrating human food production using permaculture principles into the existing native plant gardens and a pond that helped support the native fauna for over 15 years.
AUDUBON BRING CONSERVATION HOME CERTIFIED YARD
- 11 Doug & Nancy's Project**
7344 Marietta Ave., Maplewood, 63143
DEER CREEK WATERSHED ALLIANCE RAINGARDEN with permeable paver patio; drain spouts that drain to French drains; 3 hens and a small vegetable garden integrated with the design.
- 12 Bob & Francine Case's Garden**
2125 McCausland Ave., Dogtown, 63143


Installed in 2013, these front yard and backyard rain gardens are filled with native Missouri plants and trees.
A DEER CREEK WATERSHED ALLIANCE RAINDSCAPE.


- 7** **Claiborne Farms**
1 Claiborne Pl., Webster Groves, 63119
One acre with chickens, bees, edible perennial frontyard landscaping, figs, cherries, service berry, vegetables, herbs, bamboo, elderberry. Next door to the community garden.


- 8** **Shining Rivers Waldorf School**
912 Bell Ave., Webster Groves, 63119
Native Missouri plant species for hosting beneficial insects and butterflies and includes dye plants. Extensive vegetable, shade and herb gardens. Meadow with natural playscapes.


- 9** **The Canoe Compromise**
910 N. Elm Ave., Webster Groves, 63119
AUDUBON BRING CONSERVATION HOME CERTIFIED YARD
Solar panels, veggies, three 130-gallon rain barrels, rain gardens with Missouri natives, and a kid-friendly lawn. Meet a River des Peres Watershed Coalition representative to talk about RainScaping and the "Life in the Rivers" photography competition.



- 10** **Urban Homestead of SeedGeeks**
Heirloom Seeds
2637 Melvin Ave., Brentwood, 63144
Modern urban homestead in its 6th year, includes large organic food gardens, a variety of fruit trees, some perennial vegetables, large herb garden, a flock of backyard chickens, a multitude of composters, and two honeybee hives.



- 11** **Susan & Kei Bird Haven**
115 Lake Forest Dr., Richmond Heights, 63117
AUDUBON BRING CONSERVATION HOME CERTIFIED YARD
Half-acre Gold Certified Audubon "Bring Conservation Home" yard eliminating turf grass, featuring native perennials, shrubs, a green house and bird habitat.





Our backyard is a kitchen garden full of vegetables, herbs, raspberries, and a fig tree. See how you can grow and eat from your garden, anywhere!


- 18** **Wilkinson ECC Outdoor Classroom**
1921 Prather, Northampton, 63139
Outdoor classroom with new raised beds, rain barrel, compost, and micro orchard.



- 19** **Brockschmidt Farms**
6425 Brockschmidt Pl., Northampton, 63139
A group of neighbors with organic vegetable gardens that are expanding each year. Some elements of edible landscape design and plans for an unheated green house prototype for four-season farming.


- 20** **Shapfield Farm**
10028 Shapfield Ln., Affton, 63123
A recent creation combining garden, chickens, bees, hydroponics, rain barrels, and even a green house.


- 21** **The Stroups In Harmony with Nature**
11044 Teakwood Dr., S. County, 63126
Raised beds veggies, cold frame gardening, fruit trees, blueberries, grape vines, kiwis, strawberries, bees, rain water harvesting system, native trees and shrubs, geothermal HVAC, solar panels, compost barrel and pile, year round wild bird water feature and more.


- 22** **Old Tesson Garden**
12540 Old Tesson Ferry Rd., S. County, 63128
Water conservation, pond, honey bees and native bees, native plants, edibles. Home of NativePollinator.com Bee Barns!



- 23** **My Friends Bird Haven**
7247 Emerald Hill Ct., Mehlville, 63129
The lawn has been reduced by half and replaced with mulched areas with feeders and flowers, 35+ trees and a multitude of bushes, raised beds, rain barrels, Missouri native plants and herbs.





WILDLIFE FEDERATION CERTIFIED HABITAT.





- 24** **Black Creek The Way It Should Be**
431 Wencker Dr., Ladue, 63124
Half acre on Black Creek emphasizing natives, rain garden, and the removal of invasive vines and re-establishing erosion control.
- 25** **Kraig's Garden**
1389 Elenore Ave., Spanish Lake, 63138
15 years in the making, a mature habitat for birds and butterflies and other creatures. Providing food, plants and nectar sources for pollinators; plus chickens and bees. WILDLIFE FEDERATION CERTIFIED HABITAT.
- 26** **Linh & Bob's Yard**
1625 Redmond Rd., Spanish Lake, 63138
A WILDLIFE FEDERATION CERTIFIED YARD featuring organic gardening, orchard, beekeeping, and patio.
- 27** **Mark Kuechenmeister**
2021 Hord Ave., Jennings, 63136
10'x40' vegetable garden plus grape vine, blueberries, peach trees, one apple tree, strawberries, mint, perennials, rain barrel and a small pond.
- 28** **Lea Koesterer Glass and Mosaic Art**
4121 West Pine Blvd., CWE, 63108
An urban artist's homestead with beehives, mushroom logs, veggie garden, flowers, compost bins, rain barrels, fruit trees, nut trees, and creative use of repurposed materials. DRIFTWATCH CERTIFIED.
- 29** **Jean Corbett**
1241 Graham St., Dogtown, 63139
This small front yard used to be just a steep little weed-filled hill, but now it is terraced and full of perennial natives and herbs. It was planted with pollinators in mind, and has a variety of culinary and medicinal herbs.
- 36** **Kim & Roy Peterson**
1705 Carroll St., Benton Park, 63104
We have 20 fruit trees, berries, a large vegetable garden with complex wire trellis system for tomatoes, compost system, cold frames, and a serious lily garden.
- 37** **Tim & Cassandra Hage**
3515 Utah St., Tower Grove East, 63118
*Front and back yard show how to produce a lot of food on a small city plot and design a wonderful oasis that is both aesthetic and functional. See arctic kiwi, apiculture, native plants, and learn food preservation and brewing.
BONUS: SEE THE SLOW FOOD ST. LOUIS TRUCK FARM!*
- 38** **Dirty Girl Farms**
3911 Juniata St., Tower Grove South 63116
MONARCH WAYSTATION. Fig & citrus trees, multiple raised beds - both cedar & stone - berries, herbs.
- 39** **Susie's Prairie Rehab**
4041 Tholozan Ave., Tower Grove South, 63118
AUDUBON BRING CONSERVATION HOME CERTIFIED YARD
Drought tolerant, mostly sun-loving, attractors of many pollinators, seed producers for birds, and some are also host plants for different lepidoptera. The turf-grass lawn was completely converted to native buffalo grass from seed.
- 40** **Mallinckrodt Community Garden**
6020 Pernod Ave., Northampton, 63139
Lawn? Or GARDEN! This school garden sponsored by Gateway Greening and maintained by students, parents, and teachers features lots of ideas for interactive learning and student engagement.


- 

30 Dogtown Ecovillage
 1318 Tamm, Dogtown, 63139
Emphasizing the edible, perennial and native, employing permaculture design principles, and front yard gardening, this host grows most of her own vegetables and is establishing fruit trees and berries.
- 


31 City House Country Mouse
 4129 Shaw Blvd., Shaw, 63110
A little bit of everything built up from a pile of construction debris and clay soil. Some native plants, 5 raised beds for veggies, herb garden.
- 


32 Sonja's Backyard Orchard
 4038 Magnolia Pl., Shaw, 63110
Six espalier fruit trees, repurposed rainbarrel, several small square garden vegetable plots with accent decorative plants. Hosts are also part of a communal chicken-coop project.
- 


33 CoLibri Community Garden
 2719 Ann Ave., Fox Park, 63104
Permaculturally-leaning urban garden nestled between two shared houses with outdoor oven and fish pond in progress.
- 

34 Rebel's Retreat
 2619 Pennsylvania Ave.,
 Tower Grove East, 63118
An array of sustainable creations including rain barrel, raised beds, fruit bearing plants, wild flowers, DIY yard art, hugelkultur, and gutter gardens. Inspired by Permaculturist Sepp Holzer.
- 


35 Kitchen House Farm
 2611 Michigan Ave., Tower Grove East 63118
Urban farm includes large vegetable garden following organic practices, 3-bin compost, chickens, bee hive, and renovated kitchen house.


- 

41 Higdon Home
 5019 Murdoch Ave., Southampton, 63109
Bye bye front lawn, hello creeping ground cover, natives, and strawberries mixed with more traditional annuals and perennials to prevent erosion. Plus backyard chickens!
- 


42 Rabbitt Gardens
 3715 Taft Ave., Dutchtown, 63116
A tiny Southside yard with 3 raised beds, native plants, a huge service-berry bush, and bird habitat. WILDLIFE FEDERATION CERTIFIED.
- 


43 Finding My Roots
 4300 Virginia Ave., Dutchtown, 63111
Vertical gardening and landscaping mixing edibles with ornamentals to encourage pollinators such as hummingbirds, hawk moths, bees and butterflies.
- 

44 Amy Doodle's
 4134 Federer St., Carondelet, 63116
This urban homestead features 3 cochin chickens, upcycled deck lighting, reclaimed cobblestone path, bokashi composting and more.
- 

45 DJM Ecological Services
 4087 Haven St., Carondelet, 63116
A frontyard rain garden with natives, permeable pavers in the backyard, organic container garden. As a partner in DJM Ecological Services and Pure Air Natives, host will share native seed while it lasts.
- 

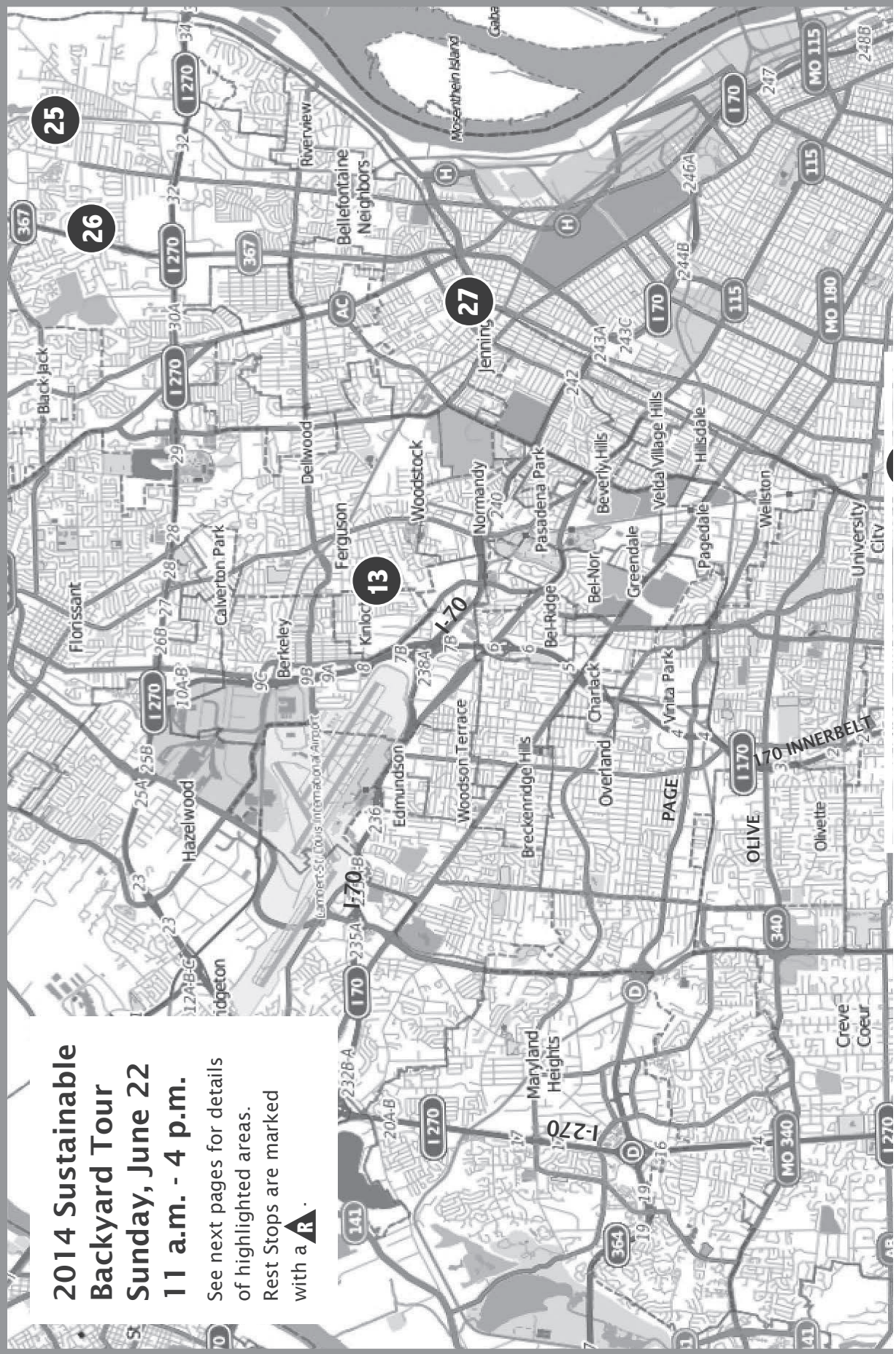
46 Lyon Academy at Blow K-8 Gardens
 516 Loughborough, Carondelet, 63111
Native prairie garden, large butterfly garden, 6 annual/perennial beds, herb garden and 6 vegetable beds, all designed by students and maintained by students, staff, and other volunteers. WILDLIFE FEDERATION CERTIFIED HABITAT.

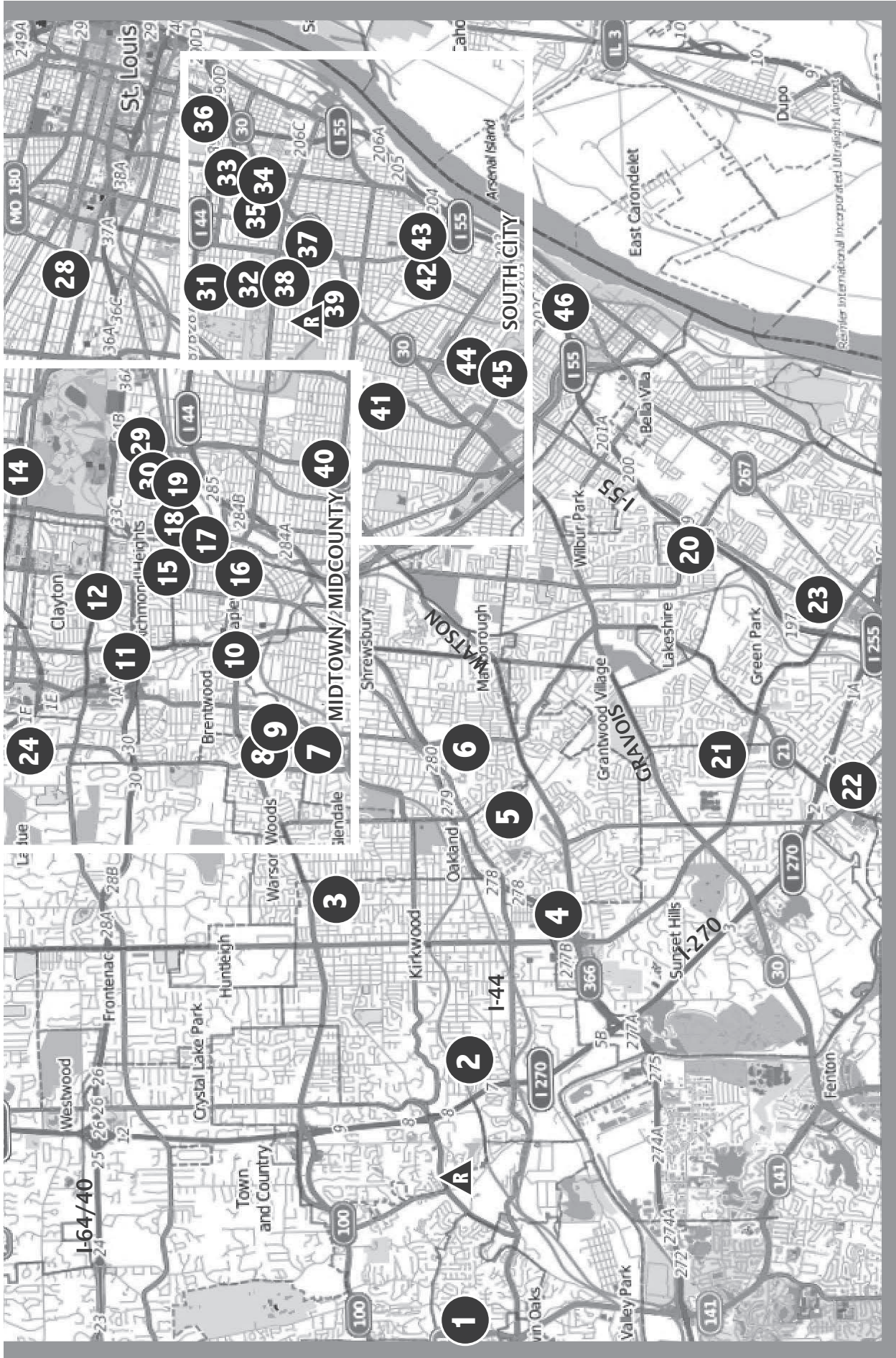
 **Local Harvest Grocery**
 3108 MorganFord Road, 63116
 314-865-5260
 Open Sunday 8-8

 **Greenscape Gardens**
 2832 Barrett Station Road, 63021
 314-821-2440
 Open Sunday 9-5

2014 Sustainable Backyard Tour Sunday, June 22 11 a.m. - 4 p.m.

See next pages for details
of highlighted areas.
Rest Stops are marked
with a **R**.





MIDTOWN/MID COUNTY



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3



SOUTH CITY

Some Garden Terms

Composting: Combining kitchen scraps and yard waste to produce a nutrient-rich soil amendment and fertilizer.

Edible Landscaping: Integrating fruiting bushes, trees, vines, herbs and edible perennials into the yard instead of purely decorative shrubs and grasses.

Naturescaping: Landscaping with native plants to increase biodiversity, conserve water, manage stormwater, and add interest and appeal to developed land.









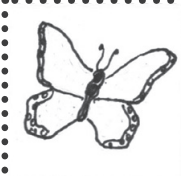






Permaculture: The conscious design and harmonious integration of agriculturally productive ecosystems which have the diversity and resilience of natural ecosystems.

Perennial Vegetables: Plants that produce edible crops for many years without replanting, i.e. Asparagus, Artichoke, Rhubarb, Malabar Spinach.

Rainscaping: Catching rainwater on-site using plants, landscape practices, and containers to slow and filter runoff or collect it for use in the yard and garden.

Kids' Scavenger Hunt

Mark these off as you find them. Bring this page to *Verde Kids* before June 30th and receive a prize!

		1	2	3	4		
							
A1 - Swing	A					A3 - Fairy	
B1 - Sow Bug						B3 - Chicken	
C1 - Butterfly	B					C3 - Flower	
D1 - Compost						D3 - Bee	
A2 - Seeds	C					A4 - Rain barrel	
B2 - Tomato						B4 - Pumpkin	
C2 - Beans	D					C4 - Bird	
D2 - Corn						D4 - Tree	

**Verde Kids is located at 27 South Old Orchard Ave, Webster Groves, MO 63119.
Hours: Monday through Saturday, 10 a.m. to 6 p.m. 314-962-KIDS (5437)**

This grassroots tour is made possible by:

2014 Backyard Hosts

Angela & Marc Adler, Ryan Albritton, Vincent Bates, Doug Baur, Matthew, Melissa & Pamela Brown, Francine & Bob Case, Jean Corbett, Molly Dupre, Bob & Linh Dye, Deanna English, Kate Estwing, Danelle Haake, Tim & Cassandra Hage, Amy Hereford, Mara Higdon, Scott Klein, Elizabeth Knoll & Dr. Judy Wuch, Lea Koesterer & Terry Werner, Mark Kuechenmeister, Anne Lehman, Rachel Levi, Alan Lorence, Tiffany Maurer, Tracy McCord, Paul & Angie McKnight, Angie Meara, Doug & Nancy Miner, Mark O'Bryan, Kelly O'Mara, Susan Pang, Kraig Paradis, Clayton & Hannah Parks, Punita Patel, Sonja Pelli, Kim & Roy Peterson, Allison Rabbitt, Dan & Margaret Sadicario, Deb Salivar-Keene, Lance Sides, Jim & Judy Stroup, Amy Trapp, Susan Van de Riet, Alexandr & David Wechsler, Paul Whitsitt, Rein Zeidler

Tour Organizers

Vivian Brill, Suzanne Carron, Lorin Crandall, Deanna English, Jill Hamilton, Jessie Hoagland, Joe Johnson, Phil Judd, Beth Lewandowski, Lauren Turnquist, Terry Winkelmann

Valued Supporters

Art Farm St. Louis, Dr. Bronner's Family Foundation, Drop Swap Grow, DJM Ecological, EFS Energy, Gateway Gardener, Gateway Greening, Greenscape Gardens, Green Spiral Tours, Grow Native!, The Healthy Planet, Isabees, Kakao Chocolate, Local Harvest Grocery, Missouri Coalition for the Environment, Perennial, Rainwater Harvest Supply Co., R3 St. Louis, Saint Louis Beekeepers, SeedGeeks, Show Me Rain Gardens, Slow Food St. Louis, St. Louis Audubon, St. Louis Community College Meramec Horticulture Dept., St. Louis Earth Day, StepUp!, Verde Kids, the Wm A. Kerr Foundation.

*We hope you enjoyed your time today!
Now that you know you can do it, get started!
Make Your Yard More Sustainable Today!*



"anonymous"

Thank You!



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RAIN GARDENS www.SustainableBackyardTour.com PERMACULTURE
CONSERVATION PERENNIAL VEGETABLES